



GENERAL MENU

VEGETARIAN MENU

September - 2026

MONDAY

MARS

WEDNESDA

THURSDAY

FRIDAY

1

7

8

- MIXED SALAD
- BAKED FISH WITH ROASTED POTATOES
- SEASONAL FRUIT

9

- GAZPACHO
- MIXED PAELLA / **VEGETABLE PAELLA**
- FRUIT

10

NO SCHOOL DAY

11

ENGLISH MENU

- COLESLAW
- FISH AND CHIPS
- CUSTARD



2

14

- CHICKPEA SALAD
- ANDALUSIAN-STYLE CHICKEN / **HAKE STICKS** WITH BRAISED VEGETABLES
- SEASONAL FRUIT

15

- VEGETABLE PAELLA
- SIRLOIN STEAKS IN SAUCE / **VEGGIE BURGER** WITH GREEN BEANS
- FRUIT SALAD

16

- CHICKPEAS WITH VEGETABLES
- SCRAMBLED EGGS AND POTATOES WITH COD
- SEASONAL FRUIT

17

- CARROT AND GINGER SOUP
- MINCED MEAT LASAGNA / **VEGETABLE LASAGNA**
- SEASONAL FRUIT

18

LEBANESE MENU

- LEBANESE COUS COUS
- STEWED BEEF / **STEWED BROAD BEANS** WITH VEGETABLES
- NATURAL YOGURT



3

21

- SPANISH OMELETTE WITH TOMATO
- TUNA PASTRY
- SEASONAL FRUIT

22

- CAESAR SALAD
- PORK / **MUSHROOM** STEW WITH POTATOES
- SEASONAL FRUIT

23

- VICHYSOISE
- TUNA FISH WITH TOMATO AND ROASTED POTATOES
- SEASONAL FRUIT

24

NO SCHOOL DAY

25

Colour Run Menu

- PASTA SALAD
- CHICKEN / **VEGGIE BALLS** IN SPANISH SAUCE WITH MIXED VEGETABLES
- RAINBOW CAKE

4

28

- VEGETABLE SOUP
- CHICKEN FILLET / **STUFFED COURGETTE** WITH ROASTED POTATOES
- SEASONAL FRUIT

29

- RICE WITH TOMATO SAUCE
- FRENCH OMELETTE WITH SAUTÉED VEGETABLES
- SEASONAL FRUIT

30

- LENTIL SALAD
- CROQUETTES, EMPANADAS AND A STIR-FRY OF GREEN BEANS AND CARROTS.
- FRUIT SALAD

1

- BROCCOLI GRATIN
- MIXED VEGETABLES WITH SCRAMBLED EGGS
- SEASONAL FRUIT

2

FRENCH MENU

- VICHYSOISE
- BEEF / **MUSHROOMS** BOURGUIGNON
- CHOCOLATE MOUSSE

