GENERAL MENU
PESCATARIAN MENU

November - 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	**2** **FESTIVE**	**3** • WHITE BEAN STEW WITH VEGETABLES • BAKED SALMON WITH ROASTED POTATOES • SEASONAL FRUIT	**4** • VEGETABLES SOUP • MIXED PAELLA / **VEGETABLE PAELLA** • SEASONAL FRUIT	**5** • SAUTÉED GREEN BEANS • TURKEY / **COURGETTES** IN CHILINDRÓN SAUCE WITH COUSCOUS • SEASONAL FRUIT	**6** **DIWALI MENU** • LENTIL STEW WITH CUMIN • CHICKEN / **MUSHROOM** CURRY WITH RICE • SPECIAL DESSERT
2	**9** • PESTO PASTA • ANDALUSIAN-STYLE CHICKEN / **HAKE STICKS** WITH BRAISED VEGETABLES • SEASONAL FRUIT	**10** • CHICKPEA SOUP WITH VEGETABLES • POTATO OMELETTE WITH TOMATO SAUCE • SEASONAL FRUIT	**11** **ENGLISH MENU** **REMEMBRANCE DAY** • COLESLAW • FISH AND CHIPS • CUSTARD	**12** • CARROT AND GINGER PURÉE • COALFISH IN GREEN SAUCE WITH POTATOES • SEASONAL FRUIT	**13** • SAUTÉED PEAS • PORK LOIN FILLETS IN SAUCE / **VEGETABLE BURGER** WITH COUSCOUS • FRUIT SALAD
3	**16** • MINESTRONE SOUP • EMPANADAS AND CROQUETTES WITH WHITE RICE • SEASONAL FRUIT	**17** • LENTILS WITH BROCCOLI AND APPLE • CHICKEN WINGS / **HAKE** WITH COUSCOUS • SEASONAL FRUIT	**18** • PUMPKIN CREAM • PORK / **MUSHROOM** STEW WITH POTATOES • SEASONAL FRUIT	**19** • PASTA WITH CREAMY TOMATO SAUCE • OVEN-BAKED BREADED HAKE WITH CHOPPED TOMATO AND PEPPER • SEASONAL FRUIT	**20** **ASIAN MENU** • SPRING ROLLS • BEEF / **TOFU** WITH SOY SAUCE AND RICE • FLAN
4	**23** • VEGETABLE PUREE • PORK FILLET / **COURGETTE** STUFFED WITH WHITE RICE • SEASONAL FRUIT	**24** • SPANISH CHICKEN / **VEGETABLES** SOUP • TUNA IN TOMATO SAUCE WITH ROASTED POTATOES • SEASONAL FRUIT	**25** • CHICKPEAS WITH SPINACH • BREADED HAM AND CHEESE ROLLS / **BREADED AUBERGINE,** SERVED WITH SAUTÉED CARROTS • FRUIT SALAD	**26** • GRATINÉED BROCCOLI • SCRAMBLED EGGS WITH POTATO AND HAM / **VEGETABLE SCRAMBLED EGGS** • SEASONAL FRUIT	**27** **GERMAN MENU** • POTATO, LEEK AND CARROT SOUP • BREADED CHICKEN WITH PEAS • APPLE PIE
5	**30** • MIXED SALAD • TURKEY STEW / **TEXTURISED SOYA** STEW WITH POTATOES • SEASONAL FRUIT				